



**EIGHTH GRADE TRIP**  
**May 2-6, 2011**  
**Washington, D.C.**

### **Trip Packet Table of Contents**

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The trip packet will be posted on the school website.

## **Packing List and Dress Code**

### ***ITEMS NEEDED:***

Luggage is restricted to ONE suitcase (45 lb. limit) and ONE small carry-on bag or backpack (Each person is responsible for carrying his/her own luggage.)  
Personal hygiene items  
Digital camera (Optional) **CELL PHONES ARE NOT ALLOWED TO BE USED AS A CAMERA.**  
Light jacket  
Rain poncho (Optional)  
Bible

**MONEY FOR 4 MEALS/SNACKS** (Students may bring additional money for souvenirs and extras.)  
**STUDENTS ARE RESPONSIBLE FOR ALL MONEY AND ITEMS BROUGHT ON THE TRIP**

### ***DAILY ATTIRE:***

#### ***BOYS:***

Any daily school shirt/CCS Spirit Wear T-shirts  
Long shorts (cargo and basketball shorts allowed)  
Jeans  
Enclosed walking shoes  
**NO FLIP FLOPS OR SANDALS**

#### ***GIRLS:***

Any daily school shirt/CCS Spirit Wear T-shirts  
Long shorts (Bermuda and basketball shorts allowed)  
Jeans or Capri's  
Enclosed walking shoes  
**NO FLIP FLOP OR SANDALS**

### ***CELL PHONES:***

All cell phones will be turned in to the sponsors the morning of May 2, before boarding the airplane. Students will be allowed to call home at designated times from the hotel. Students will not be allowed to receive calls during the trip or use cell phones as cameras. The trip packet will contain sponsor cell phone numbers that can be used in case of an emergency. Additionally, we are planning to Twitter our trip to allow parents to follow us throughout the day.

### ***MEDICATIONS:***

All medications (prescription or non-prescription) must be clearly marked and placed in a large Ziploc bag. The trip packet will contain a yellow medical release form that will also be placed in the Ziploc bag. These items need to be turned in to the sponsors on May 2, before boarding the airplane.

***EXCEPTIONS:*** The sponsors will bring the following over-the-counter medications that are commonly used at CCS (Acetaminophen, Ibuprofen, Tums, Sudafed, and Benadryl). These medications can be administered to students if permission was given by the parent on the green emergency card from the office or if listed on the yellow medical release form.



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### **Contacting a Tour Participant**

To contact a tour participant in a TRUE Emergency

**Call:** Tim Kooiman's cell phone at 832-922-2433 or  
Karen McGrath's cell phone at 281-704-8044

For all non-emergency contacts:

Please do not instruct your student to call you at a specific time on a specific day. There are a number of things that could interfere with the call.

It is always best that your student contacts you, not the other way around. We often make itinerary adjustments and it is almost impossible to predict exactly when you could call the hotel and get through to your student. The group might be out of the hotel or together in a meeting room.

#### **HOTEL INFORMATION:**

Courtyard Marriott Fair Oaks  
11220 Lee Jackson Hwy  
Fairfax, Virginia 22030  
703-273-6161

### **Rules and Regulations**

- Students must be in groups of two or more and accompanied by an adult.
- No radios, MP3 players, iPods, or electronic games are allowed on the trip.
- **No one is to leave the group at any time!**
- The security in airports has no sense of humor when it comes to jokes about bombs, drugs or weapons. When going through security, avoid comments of this nature.
- Curfew is set for a different time each night depending on that evening's activities. Once curfew is in effect, students are not allowed to leave their rooms without the permission of school chaperones. Ice machines, soda machines, etc, are **off limits after curfew.**
- No student, school chaperone, or parent may enter rooms of members of the opposite sex.
- Students are not allowed to open a hotel room door to anyone without first checking through the "peep" hole. The door is only to be opened for a school chaperone or parent.
- **Hotel windows or doors onto balconies are not to be opened under any circumstance.** Open windows interfere with air-conditioning and are a safety hazard.
- There is to be no running or loud voices in the hotel or any public building.
- Students not abiding by rules and regulations may be sent home at the parent's expense.
- All the rules are intended to insure that the trip is safe and enjoyable for everyone and to make sure that other visitors, who are not a part of our group, will not be disturbed by us.

**CCS policies for behavior apply to this trip. Follow directions, be polite, and enjoy your trip!**



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Trip Itinerary (as of 04/28/2011)

Please note: Joshua Expeditions will make changes as needed.  
Changes made before May 2, 2011 will be made to the Trip Itinerary on the school website.

Monday, May 2, 2011

- 5:30 a.m. Please wear Joshua Expeditions T-shirt this first day.  
Arrive at Houston Intercontinental Airport and meet at the Continental Check-In Station.  
**PLEASE BE ON TIME!**  
**WE CAN NOT CHECK IN UNTIL ALL PARTICIPANTS HAVE ARRIVED.**  
**DO NOT CHECK YOUR BAGS AT THE CURB.**  
**ONE PARENT MUST WALK IN WITH THEIR STUDENT.**  
Check In Procedures:  
#1 Check in with school chaperones and receive chaperone name and trip materials  
#2 Attach luggage tags (issued with trip materials)  
#3 Turn in medications  
#4 Turn in cell phone  
Breakfast at airport (paid by student)  
Depart: Houston Intercontinental—Continental Flight # 404 7:25 a.m.  
Arrive: Washington Dulles 11:15 a.m.
- 12:30 p.m. Lunch at Pentagon City Mall (paid by JE)  
1:30 p.m. Arlington National Cemetery  
4:30 p.m. Iwo Jima Memorial  
5:30 p.m. Jefferson Memorial/FDR Memorial  
7:00 p.m. Dinner at Harriet's Family Restaurant (paid by JE)  
8:30 p.m. Pentagon Memorial

Tuesday, May 3, 2011

- Hotel Breakfast (paid by JE)  
9:00 a.m. Washington Monument  
11:00 a.m. Smithsonian Museums  
12:00 p.m. Lunch at a Smithsonian Cafe (paid by student)

Tuesday, May 3, 2011 (continued)

- 3:30 p.m. Ford's Theatre/Petersen House
- 4:30 p.m. International Spy Museum
- 5:30 p.m. Lincoln Memorial/WWII Memorial/Korean Memorial/Vietnam Memorial
- 8:00 p.m. Dinner at Dave & Buster's (paid by JE)

Wednesday, May 4, 2011

- Hotel Breakfast (paid by JE)
- 9:00 a.m. United States Capitol
- 12:00 p.m. Group picture
- 12:30 p.m. Lunch at Reagan Center (paid by JE)
- 1:15 p.m. Talk with Congressman Culberson
- 2:15 p.m. Mount Vernon
- 6:00 p.m. Dinner at Primo Family Restaurant (paid by JE)
- 7:00 p.m. Air Force Memorial/Kennedy Center

Thursday, May 5, 2011

- Hotel Breakfast (paid by JE)
- 7:00 a.m. Depart for Williamsburg
- 10:30 a.m. Jamestown Settlement
- 12:30 p.m. Lunch at Jamestown Settlement Café (paid by JE)
- 1:30 p.m. Colonial Williamsburg—Guided Study Visit
- 6:00 p.m. Dinner at King Arms Tavern (paid by JE)
- 7:30 p.m. Depart Colonial Williamsburg

Friday, May 6, 2011

- Hotel breakfast (paid by JE)
- 7:30 a.m. Pictures in front of White House
- 8:30 a.m. Library of Congress
- 9:00 a.m. Supreme Court
- 10:00 a.m. Subway Ride
- 10:45 a.m. National Archives
- 12:30 p.m. Lunch at Union Station (paid by student)
- Depart: Washington Dulles—Continental Flight # 410 5:10 p.m.
- Arrive: Houston Intercontinental 7:49 p.m.



**MEDICAL RELEASE FORM**

Note: This form must be filled out **completely** in order for medication to be administered to your student. All medication (prescription or non-prescription) must be clearly marked and placed in a large Ziploc bag. These items need to be turned in to the sponsors on May 2, before boarding the airplane.

**EXCEPTIONS:** The sponsors will bring the following over-the-counter medications that are commonly used at CCS (Acetaminophen, Ibuprofen, Tums, Sudafed, and Benadryl). These medications can be administered to students if permission was given by the parent on the green emergency card from the office or if listed on the yellow medical release form.

I hereby authorize Mr. Cleveland, Mr. Kooiman, Mrs. McGrath, Mr. Novotny, or any medical personnel to administer the following medication to my child. I will not hold any Cypress Christian School personnel responsible for any reaction my child may have to the medication that I am requesting the school to administer. Instructions and dosage must be given in writing on this yellow form.

Student's Name \_\_\_\_\_ Parent Signature \_\_\_\_\_

Please fill in medication instructions and times below:

MEDICATION	As needed instructions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY